Arizona Institute of UROLOGY NEWS UroLOGICALLY Speaking

Prostate Cancer Support Group

A support group for you and your spouse addressing the concerns of the emotional and physical side effects of prostate cancer. Please join us to share your experiences and life stories.

2nd Wednesday of every month 5670 N. Professional Park Dr. Arizona Institute of Urology's Cancer Therapy Center 5:30 pm - 6:30 pm

Mediator: Stephanie Keresztes, PA-C Please RSVP to: Tresta 520.784.7084 tanderson@aiurology.com

Please take a few moments to tell us about your experience today:



http://goo.gl/cVxP7v



Arizona Institute of Urology

Comprehensive Care, Focused on You.

> 520.618.1010 www.aiurology.com

AIU takes on Research

Arizona Institute of Urology has a commitment to provide the most up to date and effective care to our patients. Part of this commitment can be fulfilled by a new addition to our patient centered services - the addition of clinical research. Through clinical research we offer our patients the ability to take part in the continued progress of medicine and sci-New treatments, both surgical and medical will be made available to our patients by our research team. Heading this team is Sharon Snyder M.S. R.N. Sharon brings with her 15 years of experience in clinical research and headed up similar programs at the University of Arizona including the successful FDA submission and national clinical trial of the artificial heart with Dr. Copeland, the renowned heart surgeon.

We already have randomized and treated our first group of subjects with a break through office surgical procedure for enlarged prostates. The procedure is known as REZUM and offers men a 15 minute, safe and simple solution to this difficult and costly problem. In the near future we hope to offer treatments

and drugs for our prostate cancer patients as well.

Without research it is difficult to advance the care for many of these complex problems. By being willing to participate, our patients not only possibly benefit themselves, but also benefit their fellow man and medicine in general. We are proud to be able to provide this valuable service.

Here is a partial list of some of our planned studies. Please keep in mind these are FDA studies and all have a randomization scheme as required by the FDA:

REZUM - a surgical office procedure for enlarged prostate or BPH using a cystoscopy approach to reduce the prostate volume up to 55% over six months. We are recruiting male subjects over the age of 50 who are not on medications for BPH and who have a PSA less than 2.5ng/ml. Subjects are followed for five years at no cost to them. ~continue



Prolia Injection Network Site

2 shots of Prolia®

(denosumab) a year are proven to help women with postmenopausal osteoporosis at high risk for fracture to strengthen their bones. Prolia® is a prescription medicine used to treat osteoporosis (thinning and weakening of bone) in women after menopause who:

- · Are at high risk for fracture, meaning women who have had a fracture related to osteoporosis, or who have multiple risk factors for fracture
- Cannot use another osteoporosis medicine or other osteoporosis medicines did not work well.

Prolia® isn't for everyone. Ask your doctor for details to see if Prolia® is right for you.

To schedule: 520.618.1010

CT Scans

Did you know that AIU has a facility to perform your CT scans? CT scans are scheduled at our Northwest location on Tuesdays through Fridays with great availability. You don't have to be an established patient of AIU and most insurances are accepted. All you need to do is request our location from your ordering doctor. Results will be sent to your doctor within two business days and a CD will be made for you on request.

Call 520.618.6445 to schedule 5670 N Professional Park Dr #120

Like us on



http://goo.gl/noQjDz



Through clinical research we offer our patients the ability to take part in the continued progress of medicine and science.

Our intention is to offer the benefits of research to not only our patients but to the entire community.

PRX302 - PLUS 1 - another BPH study using prostate drug injection in the office under local anesthesia. The purpose is to reduce the volume of the prostate and decrease BPH symptoms with one injection. Recruiting to start April 1st when our REZUM study is winding down enrollment, subjects will be followed for one year.

ARN-509-003 - an oral drug study for prostate cancer where early results show a

50% decrease in PSA in 91% of the subjects. These subjects will be followed very closely for four months with CT and bone scans until 2019. Recruiting for this study is to begin in May 2014.

We are adding more urology and prostate cancer studies as our team grows. Our plan is to reach out to our colleagues and people with urology symptoms who are not currently receiving treatment. Our intention is to offer the benefits of research to

not only our patients but to the entire community.

For more information contact Sharon at 520-784-7019 or ssnyder@aiurology.com. You can also check the 'Research Projects' page of our website for current projects and updates.



www.aiurology.com/research

Jerry Greenberg MD

In-Office **Continence Therapies**

In an effort to offer comprehensive care to our patients, AIU offers a variety of office-based training and treatment options focusing on continence care. The benefits of having in-office therapies for our patients include: less out-of-pocket expense for the patient, treatment in a comfortable office environment performed by experienced technicians and Physician Assistants, and most importantly, continuity of care.

We offer Urodynamic testing, Pelvic Muscle Rehab (PMR). and Percutaneous Tibial Nerve Stimulation (PTNS).

To schedule: 520.618.1010

Join Us!

ZERO Prostate

Thursday, April 10, 2014 1pm Shotgun Start



Grab your clubs, invite your friends, and join Arizona Institute of Urology in the fight to end prostate cancer at the ZERO Prostate Cancer Golf Tournament!

REGISTER NOW: zerocancer.org/golf/tucson

Interested in receiving our quarterly eNewsletter?

Sign up here: http://goo.gl/oPR9Pa

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